

**Directions:** Adults take one (1) capsule one (1) to three (3) times daily with food. As a reminder, discuss the supplements and medications that you take with your health care providers.

## Supplement Facts

**Serving Size** 1 capsule

### Amount Per Serving

Sharp-PS® GOLD 223 mg\*

Conjugated PS-DHA (phosphatidylserine-docosahexaenoic acid)(contains soy, lecithin, fish extracts-blue whiting, herring)  
(standardized at 45% PS equal to 100 mg and 8% DHA equal to 17 mg)

\* Daily Value not established.

**Other Ingredients:** Cellulose (capsule shell), cellulose, stearic acid, magnesium stearate, silica, maltodextrin.

**WARNING:** If you are pregnant or nursing, under medical care, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. Do not exceed recommended dosage.

**NO:** Yeast, wheat, gluten, milk, salt, starch, preservatives or artificial color. **Do not accept if seal is broken.**

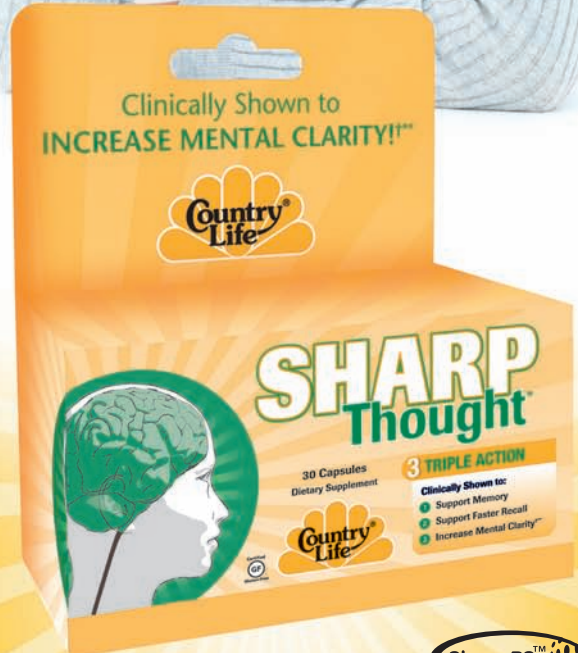
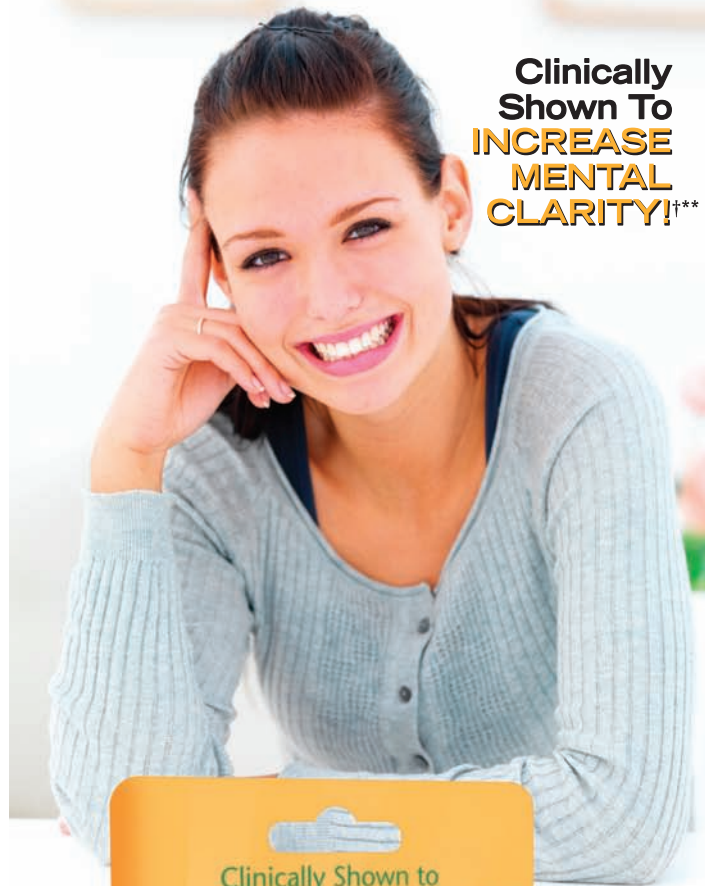
Store between 59°-86°F, avoiding exposure to light.

Keep out of the reach of children.

† Based on three (3) capsules daily.

\*\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Clinically  
Shown To  
INCREASE  
MENTAL  
CLARITY!†\*\***



**NEW LEAF PAPER®**

ENVIRONMENTAL BENEFITS STATEMENT of using post-consumer waste fiber vs. virgin fiber  
Country Life saved the following resources by using New Leaf Reincarnation Matte, made with 100% recycled fiber and 50% post-consumer waste, processed chlorine free, and manufactured with electricity that is offset with Green-e® certified renewable energy certificates:

2 fully grown trees	456 gallons water	1 million Btu energy	100 pounds solid waste	168 pounds greenhouse gases

Calculations based on research by Environmental Defense Fund and other members of the Paper Task Force.  
www.newleafpaper.com



Item No. 0422



www.countrylifevitamins.com

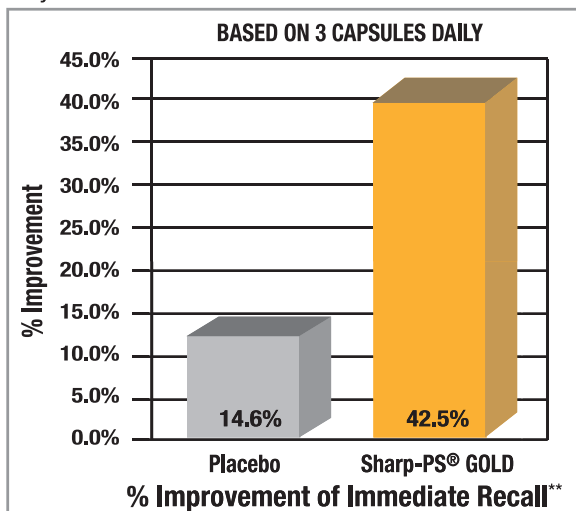
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101 Corporate Drive, Hauppauge, NY 11788



# SHARP Thought™

Sharp Thought™ is an innovative formula by Country Life designed to support daily brain health and mental clarity††. Key ingredient Sharp PS Gold® is a unique conjugated complex of Phosphatidylserine (PS) and DHA from Omega-3 fatty acids.



Based on a randomized, double-blind, placebo controlled study (unpublished, Enzymotec).

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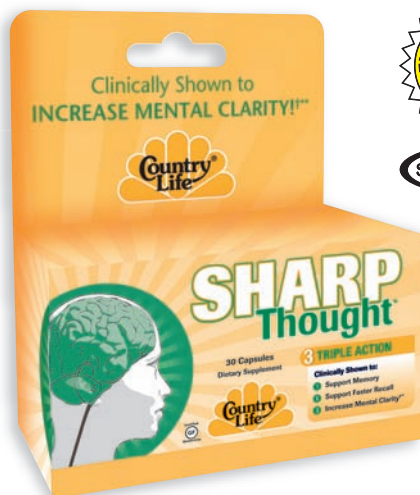
## Unique Phosphatidylserine DHA Complex

SharpThought™ contains a very special conjugated complex of Phosphatidylserine (PS) and DHA from omega-3 (Sharp-PS® GOLD). It is in this form that phosphatidylserine is found in the brain. This special type of PS supports the utilization of DHA by the brain.\*\*

Having the DHA woven into the backbone of the PS allows your body to immediately recognize this structure as body ready. Having this direct recognition supports the following based on three (3) capsules daily:

- **Memory**
- **Faster recall**
- **Increased mental clarity\*\***

This formula is not just DHA and PS simply added together as independent ingredients. Rather, the exacting science of conjugation allows you to achieve the exact form that the body can recognize. Body recognition is the key to supporting brain health.\*\*



As with all Country Life products, Sharp Thought™ is **Gluten-Free.**

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